



VILLAGE OF ZEBALLOS

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Wednesday, August 29, 2018 Wildfire update:

Fire remains at 168 hectares, with very slow movement. Priorities continue to be protecting homes and infrastructure on the north end of the fire, and power lines on the south end.

A RAP crew completed building a heli-pad on the South flank in the forest regeneration area. This will enable ground crews to set up a wet line on the South flank to protect hydro lines.

On the North flank a water bladder with pump was set up on the hillside behind Pandora Crescent and a water line was established farther out to put out hot spots in that area. This augments the sprinkler system already in place.

Safety for all public and firefighting personnel remains a priority.

Take care of yourself during this stressful time! Here are some tips from Emergency Info BC about maintaining good mental health during a wildfire:

- Limit your exposure to wildfire media coverage; viewing traumatic images can be overwhelming and can make it harder to think clearly.
- Try and return to your daily routines as soon as possible.
- Get enough sleep, eat nutritious foods and stay hydrated.
- Be kind and patient with yourself and others.
- Seek support when you need it. If you're feeling sad, mad, or confused—or even feeling nothing at all—reach out to others for help. For mental health support, call the BC Crisis Centre at 310-6789 (no area code required).